



PARENTING SERIES

WITH ADRIENNE HIDALGO ESGUERRA

Building Safe and Sacred Containers at Home

6:30-7:30pm September 13, October 11, November 8 and December 13, 2023

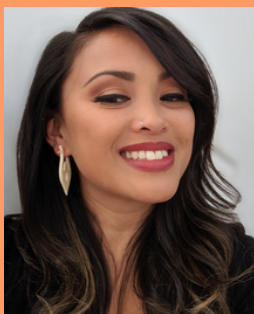
A four part workshop series trains parents and caregivers in exploring restorative justice practices in the home, with a focus on helping parents feel more secure and supported in their daily decisions. This course dives into the science behind adverse childhood experiences and toxic stress, encouraging us to step into liberated parenting as we raise the next generation.

Decolonizing Parenting for Beginners

6:30-7:30pm January 24, February 28, March 27 and April 24, 2024

This four part workshop series explores how generational trauma works, teaches language to describe decolonization and develops mindset shifts for liberation. Over the course of the series, parents, caregivers and educators will learn how to sustain the journey of decolonization through play, storytelling and community building.

MEET ADRIENNE



Adrienne Hidalgo Esguerra is a mama, auntie, educator and parenting practitioner. She founded Raising Ancestors and believes childhood is sacred and parenting is a revolutionary act.

Sign up for a parenting workshop with Adrienne at support@soulshoppe.org