



## Elementary School Parent Programs *with*

after  
Schooling  
better

We are pleased to partner with **Adrienne Hidalgo Esguerra** from **After Schooling Better** to offer two workshop series for parents. Each workshop is presented as a four-week series in one-hour sessions. Choose one or both!

These workshops are for: BIPOC parents, family members and caregivers; Partners of BIPOC parents and caregivers; Adult children of immigrants or 1st or 2nd generation BIPOC parents

Participants will:

- Explore socialization, schooling and reparenting and how that impacts their parenting.
- Learn and practice skills in a safe community of parents where they can share parenting challenges and wins.

### Decolonizing Parenting for Beginners

This series will explore the effects of intergenerational trauma. We will honor the complexity of raising a family in a multigenerational home or with a co-parent.

Participants will:

- Learn and apply best practices for integrating Soul Shoppe tools into the home environment in ways that honor family culture and identity.
- Develop a deeper understanding of decolonization, socialization and the power of play and how it impacts parenting, co-parenting or multigenerational homes.
- Build a sense of community and create a plan to continue this work beyond this workshop series.

### Creating Safe Containers at Home

This series will explore restorative justice practices in the home and how to center relationships and be less punitive. Parents will learn more about adultism, the power of play and how to build a sacred container in their home.

Participants will:

- Learn and apply Soul Shoppe tools and strategies at home to create a safe and sacred family environment.
- Develop a deeper understanding of restorative justice practices, adultism and adverse childhood experiences (ACEs) and how these impact parenting.
- Build a sense of community and create a plan to continue this work beyond this workshop series.

**Contact us to schedule your workshop!**  
[support@soulshoppe.org](mailto:support@soulshoppe.org)



**Adrienne Hidalgo Esguerra, MA**

Adrienne is a mother, auntie, and educator raising 5 boys in a multi-generational Filipino American home. She is the founder of After Schooling Better, an organization that provides support for BIPOC parents and caregivers at the intersection of schooling and parenting through a social justice lens.

Born and raised in San Francisco, she has served in a variety of spaces, from first generation college students to pediatric patients and their families in a hospital setting. She holds a Master's degree in Education and a Multiple Subject Teaching Credential.