



2020–21 Programs

Back to school for the 2020-21 school year will be unlike any other we have experienced. Information is scarce. So much is beyond our control. One thing is certain: children, parents and teachers will return with big feelings about all the unknowns. After so many months of social distancing, students will be yearning for connection.

Soul Shoppe has brought school communities together for 20 years through in-school workshops and assemblies. This year, we are excited to deliver the tools and frameworks that have proven successful year after year in a **digital format**. We have worked hard to create a **brand new curriculum** that speaks to the issues and challenges our young people grapple with on a daily basis.



Introducing Soul Shoppe's Course Bundles

In alignment with CASEL's (Collaborative for Academic, Social, and Emotional Learning) SEL (Social Emotional Learning) competencies and our specific emphasis on equity and belonging, we have a series of 3 different course bundles.

Each Course Bundle includes:

- 4 SEL courses
- Each course has recorded lessons and is delivered into 4 grade levels (K-1, 2-3, 4-5, 6)
- Follow-up lesson for home



Soul Shoppe's Course Bundle PLUS Live Stream Lessons

You will receive Tools of the Heart bundle that also includes Virtual Live Lessons with a facilitator. 4 Digital courses + 4 Live Stream Lessons. After your students have watched one of the Digital Lessons, then schedule a live lesson to deepen the learning and practice the skills for real time issues and conflicts. Our facilitators will lead interactive live lessons for each grade level that will support your students to feel more connected and empowered.



Peacemaker Certification

Certify 2-3 school site representatives to build your school's Peacemaker Program. Your certified trainers will train your student Peacemakers to resolve problems on the playground and in the classroom fostering leadership and communication skills throughout your school community.



Tools of the Heart Bundle

Soul Shoppe’s flagship tools form the foundation for creating a school culture that values empathy, connection and care. Students learn to recognize, manage and express their feelings and needs in healthy ways. Tools of the Heart teaches four essential communication and problem-solving skills that cultivate and promote social and emotional well-being. Even if your students have already learned the tools from Soul Shoppe, it will be crucial to review them and integrate them as a roadmap for your school community to care for each other in challenging times.

The “Tools of the Heart” bundle includes:

4 SEL courses

- Emptying Big Feelings: Understand our emotional “balloons”
- Breathing to Calm: Know how and when to use the “Stop & Breathe”
- Using Your Voice: Learn how to express your feelings and needs
- Making it Right: Clean up problems and mistakes at any time



You, Me & We Bundle (available to schools in the Fall)

This bundle focuses on the ways we see and treat each other and how we can create communities that foster more equity, care and respect.



Wonders of the Web Bundle (available to schools in the Winter)

This bundle helps students at every grade level understand their connection and responsibility to the digital world.

