

# CHECK IN WITH YOUR BALLOON

Draw a picture of what happened that filled your balloon.

I Feel...

feelings

I Need...



angry



sad



frustrated



worried



embarrassed



mad



scared



hurt



annoyed



listening



support



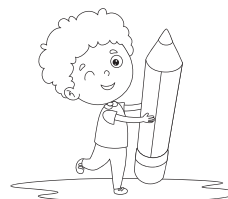
kindness



to play



friendship



to draw



to read