

# CHECK IN WITH YOUR BALLOON

What happened that filled up your balloon?

Handwriting practice lines for the question above.

## I Feel .....

- |                                  |                                      |
|----------------------------------|--------------------------------------|
| <input type="checkbox"/> mad     | <input type="checkbox"/> furious     |
| <input type="checkbox"/> sad     | <input type="checkbox"/> embarrassed |
| <input type="checkbox"/> lonely  | <input type="checkbox"/> frustrated  |
| <input type="checkbox"/> scared  | <input type="checkbox"/> hurt        |
| <input type="checkbox"/> worried | <input type="checkbox"/> upset       |
| <input type="checkbox"/> nervous | <input type="checkbox"/> angry       |
| <input type="checkbox"/> I _____ |                                      |



## I Need...

- |   |                                     |
|---|-------------------------------------|
| <input type="checkbox"/> space          | <input type="checkbox"/> listening  |
| <input type="checkbox"/> kindness       | <input type="checkbox"/> fun        |
| <input type="checkbox"/> a chance       | <input type="checkbox"/> respect    |
| <input type="checkbox"/> to play        | <input type="checkbox"/> friendship |
| <input type="checkbox"/> to be included | <input type="checkbox"/> hugs       |
| <input type="checkbox"/> to be safe     | <input type="checkbox"/> compassion |
| <input type="checkbox"/> support        | <input type="checkbox"/> peace      |
| <input type="checkbox"/> _____          |                                     |

To empty my balloon I will ...

Handwriting practice lines for the question above.